Hot Topic Session 3:

Developing Positive Student and Family Mindsets for Distance Learning

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Session Topics



- 1. Growth Mindsets in Distance Learning
- 2. Attitudes and Habits that Support Distance Learning
- 3. Mindset Strategies for Successful Distance Learning











MISTAKES ARE PROOF YOU ARE TRYNG



CORRECTING MISTAKES ARE PROOF THAT YOU'RE GROWING

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Growth Mindsets in Distance Learning

Mindframes focus on self-regulation- or the ability to control and direct one's behavior, emotions, and thoughts- in the pursuit of long term goals. These are the habits we hope to foster in children and youth- and once these habits are attained, the result is that children go on to become their own teachers in learning and life.

Distance Learning Playbook for Parents (Wiseman, Fisher, Frey, Hattie)

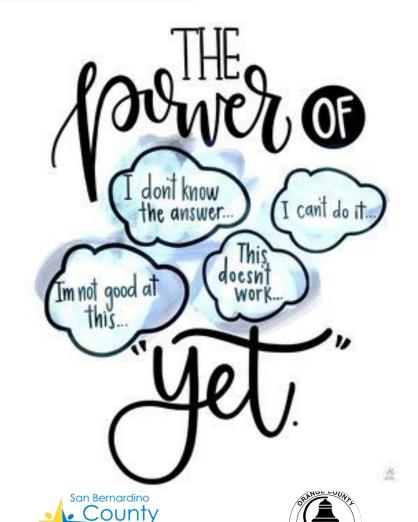
Growth mindsets, which are a way of thinking about a particular circumstance, have the power to inspire different goals and shape views about effort.

Growth Mindset (Carol Deweck)









How do we develop student and family mindsets to benefit Distance Learning?













1. Foster Students' Resiliency Skills



These Social Skills include all of the acceptable behaviors students have learned to improve social interactions between peers or with adults.

Students with a Growth Mindset:

- Know where they are going and have the confidence to take on new challenges
- Seek feedback and recognize that errors are opportunities to learn











2. Develop Students' Self-Regulation Skills



These Management Skills focus on a learning goal despite obstacles including avoidance of distractions or temptations to prioritize higher outcomes such as self-discipline and self-control.

Students with a Growth Mindset:

- Know their current level of understanding, feeling and behaving
- Monitor their progress to adjust learning











3. Encourage Students' Perseverance Skills



These Learning Skills include all of the learning processes students use in thinking, remembering, and understanding.

Students with a Growth Mindset:

- Select tools to guide their own learning and interests
- Reinforce their own learning by teaching others











In summary...

All students need a safe space to try, and sometimes even fail, and the support of their families and teachers to see, talk, and listen to them on their distance learning journey.













Take-Away Task



Support a Growth Mindset in Distance Learning:

- Monitor your words and conversations with your child to encourage what and how they learned instead of what or how they did.
- Celebrate effort and progress towards learning and improvement goals.
- ☐ Motivate with love, praise and encouragement rather than consequences.
- Recognize the value and unique talents of each child.
- ☐ Maintain high, but reasonable, expectations for your child.
- ☐ Give your child the opportunity to struggle and problem solve their challenges.
- Provide opportunities for your child to make developmentally appropriate decisions to develop their sense of autonomy and confidence.











Join us for our next session...

Session 1	Establishing a Foundation for Distance Learning
Session 2	Addressing Equity in Distance Learning
Session 3	Developing Positive Student and Family Mindsets for Distance Learning
Session 4	Fostering Student and Family Well-Being in Distance Learning
Session 5	Prioritizing Core Instructional Values in Distance Learning
Session 6	Supporting Early Learners in Distance Learning
Session 7	Engaging Adolescents in Distance Learning
Session 8	Implementing Best Practices for Family Engagement in Distance Learning
Session 9	Family Engagement in Distance Learning: Exemplars From the Field









