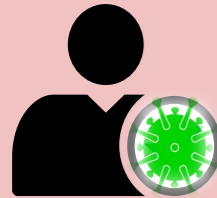


FCSS Employees COVID-19 Illness and Quarantine Guidelines

Report all cases by email to covid19report@fcoe.org OR by phone (559) 497-3889

PERSON A



Any person who has tested positive for COVID-19 & confirmed with lab result

With symptoms:

Isolation until the following requirements have been met:

- ✓ 10 days since symptoms first appeared **and**
- ✓ 24 hours* (1 day) with no fever (without the use of fever-reducing medicine) **and**
- ✓ [Symptoms](#) have improved

*The 24 hours without fever may possibly occur within the 10 days of isolation, or after the 10 days

Without symptoms (asymptomatic):

Isolate for 10 days from test date:

- ✓ Monitor self for symptoms, take temperature twice a day
- ✓ Released from isolation after 10 days have passed as long as no symptoms have been present

*As required, the COVID-19 Report Hotline will report ALL positive cases to the Fresno County Department of Public Health at (559)600-3332.

PERSON B



Any person who is solely symptomatic or who has tested for COVID-19 due to symptoms and waiting for lab results

With symptoms:

Isolation until the following requirements have been met:

- ✓ 24 hours* (1 day) with no fever (without the use of fever-reducing medicine) **and**
- ✓ [Symptoms](#) have improved

***Employee B** should have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Cocksackie virus), OR at least 10 days have passed since symptom onset.

PERSON C



Any unvaccinated person who lives in the same household as Person A

If Person C is without symptoms (asymptomatic):

- ✓ Quarantine for 10 days following date of last **exposure including complete separation from the person in your house with COVID-19**. This means no contact, no time together in the same room, and no sharing of any spaces, such as same bathroom or bedroom.
- ✓ Quarantine to continue for 10 days after Person A completes isolation if unable to avoid exposure to **Person A**.

*If person C becomes symptomatic, contact covid19report@fcoe.org or (559) 497-3889 for next steps.

PERSON D



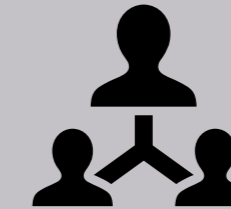
Any unvaccinated person with close contact to Person A (>15 min (cumulative per day), < 6 feet)

Quarantine immediately for 10 days** following date of last exposure

- ✓ Contact covid19report@fcoe.org or (559) 497-3889 with any questions
- ✓ Monitor self for symptoms, take temperature twice a day
- ✓ Notify Primary Care Provider if symptoms develop

**If a healthcare worker is quarantined, the length of quarantine is reduced to 7 days with a negative test result after day 5.

PERSON E



Any unvaccinated person who has had exposure to Person B, C OR D

NO QUARANTINE OR ACTION REQUIRED unless:

- Person B, C or Person D develops symptoms OR tests positive, and Person E had contact within 14 days (timeline should start 2 days before Person C or Person D develops symptoms) **then:**
- ✓ Continue to self-certify your health on a daily basis.
- ✓ Contact covid19report@fcoe.org or (559) 497-3889 with questions regarding timing and exposure

PERSON F



Any person who is fully vaccinated for COVID-19

Person F needs to continue to practice social distancing, masking, handwashing, etc.

If Person F is exposed to COVID-19:

- ✓ If asymptomatic, no quarantine is needed, but should test 3-5 days after exposure.
- ✓ If symptomatic, COVID-19 testing and contacting primary physician is recommended. Employee may return to work when symptom-free.

If Person F tests positive for COVID-19:

- ✓ Must isolate for 10 days and can return when symptom-free for 24 hours (1 day) with no fever (without the use of fever-reducing medicine).



Recovered and Released

Definitions:

Isolation separates infected people with a contagious disease from people who are not sick.

Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.

Close Contact a person within 6 feet for more than 15 minutes (cumulative per day), regardless of whether person(s) are wearing a mask, starting from 48 hours before the person began feeling sick.

For more information on COVID-19, please refer to the Fresno County Department of Public Health [website](#) or call at 559-600-3332.