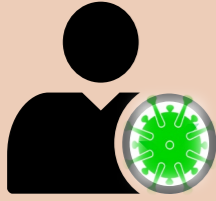







# FCSS Students COVID-19 Illness and Quarantine Guidelines

Report all cases to the school absence reporting line.

School Districts are required to report ALL positive cases to the Fresno County Department of Public Health Department.

STUDENT A	STUDENT B	STUDENT C	STUDENT D	STUDENT E	STUDENT F
 <p><b>Any student who has tested positive for COVID-19 &amp; confirmed with lab result</b></p> <p><b>With symptoms:</b> Isolation until the following requirements have been met:</p> <ul style="list-style-type: none"> <li>✓ 10 days since symptoms first appeared <b>and</b></li> <li>✓ 24 hours* (1 day) with no fever (without the use of fever-reducing medicine) <b>and</b></li> <li>✓ <a href="#">Symptoms</a> have improved</li> </ul> <p>*The 24 hours without fever may possibly occur within the 10 days of isolation, or after the 10 days</p> <p><b>Without symptoms (asymptomatic):</b> Isolate for 10 days from test date:</p> <ul style="list-style-type: none"> <li>✓ Monitor self for symptoms, take temperature twice a day</li> <li>✓ Released from isolation after 10 days have passed as long as no symptoms have been present</li> </ul> <p>*As required, the School District will report ALL positive cases to the Fresno County Department of Public Health at (559)600-3332.</p>	 <p><b>Any student who is solely symptomatic or who has tested for COVID-19 due to symptoms and waiting for lab results</b></p> <p><b>With symptoms:</b> Isolation until the following requirements have been met:</p> <ul style="list-style-type: none"> <li>✓ 24 hours* (1 day) with no fever (without the use of fever-reducing medicine) <b>and</b></li> <li>✓ <a href="#">Symptoms</a> have improved</li> </ul> <p>*Student B should have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset.</p>	 <p><b>Any unvaccinated student who lives in the same household with Person A</b></p> <p><b>If Student C is without symptoms (asymptomatic):</b></p> <ul style="list-style-type: none"> <li>✓ Quarantine for 10 days following date of last <b>exposure including complete separation from the person in your house with COVID-19</b>. This means no contact, no time together in the same room, and no sharing of any spaces, such as same bathroom or bedroom.</li> <li>✓ Quarantine to continue after <b>Person A</b> completes their isolation if unable to avoid exposure to <b>Person A</b>.             <ul style="list-style-type: none"> <li>✓ If Student C remains asymptomatic, they may discontinue quarantine under the following conditions:                 <ul style="list-style-type: none"> <li>✓ Quarantine can end after Day 10 from the date of last exposure without testing.</li> <li>✓ Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative.</li> </ul> </li> </ul> </li> </ul> <p>*If Student C becomes symptomatic, follow the instructions under Student B.</p>	 <p><b>Any unvaccinated student with close contact to Person A (&gt;15 min cumulative per day), &lt; 6 feet)</b></p> <p>If <b>Student D</b> is exposed and both Student D and the positive student were <b>UNMASKED</b>, Student D must quarantine.</p> <p>If Student D remains asymptomatic, they may discontinue quarantine under the following conditions:</p> <ul style="list-style-type: none"> <li>✓ Quarantine can end after Day 10 from the date of last exposure without testing</li> <li>✓ Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative.</li> </ul> <p>If <b>Student D</b> is exposed and both students were <b>MASKED</b>, <b>Student D</b> may enter a "Modified Quarantine". Students under a Modified Quarantine can continue to come to school under the following conditions:</p> <ul style="list-style-type: none"> <li>✓ Are asymptomatic</li> <li>✓ Continue to appropriately mask, as required</li> <li>✓ Undergo at least twice weekly testing during the 10-day quarantine, and</li> <li>✓ Continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting.</li> </ul>	 <p><b>Any student who has had exposure to Student B, C OR D</b></p> <p><b>NO QUARANTINE OR ACTION REQUIRED</b></p> <ul style="list-style-type: none"> <li>✓ Continue to self-certify your health on a daily basis.</li> </ul> <p>If <b>Student B, C or D</b> with whom <b>Student E</b> had exposure within 14 days tests positive (timeline should start 2 days before <b>Student B, C or D</b> develops symptoms), then follow directions for Student D.</p>	 <p><b>Any student who is fully vaccinated against COVID-19</b></p> <p><b>Student F</b> needs to mask and should continue to practice handwashing, etc.</p> <p><b>If Student F is exposed to COVID-19:</b></p> <ul style="list-style-type: none"> <li>✓ If asymptomatic, no quarantine is needed, but should test 3-5 days after exposure.</li> <li>✓ If symptomatic, COVID-19 testing and contacting primary physician is recommended. Student may return to school when symptom-free for 24 hours.</li> </ul> <p><b>If Student F tests positive for COVID-19:</b></p> <ul style="list-style-type: none"> <li>✓ Must isolate for 10 days and can return when symptom-free for 24 hours (1 day) with no fever (without the use of fever-reducing medicine).</li> </ul>



## Recovered and Released

Definitions:

**Isolation** separates infected people with a contagious disease from people who are not sick.

**Quarantine** separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.

**Close Contact** a person within 6 feet for more than 15 minutes starting from 48 hours before the person began feeling sick (see Student D).