

# REFLECTION FOR ANTI-BIAS PRACTICES

**Directions:** Use this tool to reflect on what you heard in the video and the degree to which you already engage in the anti-bias practices. Identify one area in which you are particularly effective and one area in which you have an opportunity for growth.

What are your key takeaways from the video? What insight(s) did you gain about your own practice?	Which example or practice from the video was most intriguing to you? How might you adapt this example or practice for your own context?	What are your lingering questions?
How do plan to seek answers to those questions?	Of the five anti-bias practices, in which area are you the most proficient? What evidence or examples do you have of that practice?	Of the five anti-bias practices, in which area do you have the greatest opportunity for growth? What is the first next step you will take to address that area?